

The Dutch recipes are adapted from those found online at about.com and posted by Karin Engelbrecht.

Appelmoes

4 large apples, peeled and diced

2 T of lemon juice

1/4 t of pumpkin pie spice

1 T of sugar

Mix the apples, lemon juice, spices and sugar together in a microwave-safe dish. Cook on high for five minutes. Remove and mash with a wooden spoon (Karin suggests using wooden utensils as metal ones can alter the taste). Ready to serve.

